

Quality care results from

Unity Acute Rehabilitation & Brain Injury Program

PERFORMANCE MEASURE	2007	2008	1st Qtr 2009	2nd Qtr 2009	3rd Qtr 2009	4th Qtr 2009	
VOLUMES FOR ACUTE REHAB							
• Total # of people served	271	243	55	48			
• # of people served, by condition:							
– Head Injury/Brain/Dysfunction	84	70	14	12			
– Stroke	126	131	24	22			
– Orthopaedic Condition	22	15	7	5			
– Spinal Cord Injury	19	11	0	0			
– Neurological Condition	5	8	4	2			
– Amputation of Limb	5	3	1	1			
– Burns	0	0	0	0			
– Major Multiple Trauma/Medically Complex	10	5	5	6			
PREDICTED OUTCOMES							
• % of patients who achieved predicted outcomes	97%	96%	95%	97%			
AMOUNT OF THERAPY							NAT'L AVG
• Average amount of therapy each patient receives per day	3 hrs. 18 min.	3 hrs. 19 min.	3 hrs. 14 min.	3 hrs. 17 min.			3 hrs.
FUNCTIONAL IMPROVEMENT (FIM)							
FIM score from admission to discharge. <i>(The higher the number, the better.)</i> The goal of rehabilitation is to improve the patient's ability to resume control over activities of daily living and function as independently as possible.							NAT'L AVG
• Brain Injury	48.3	43.7	49.3	42.7			26.5
• Stroke	34.2	40.4	26.0	32.4			25.0
LENGTH OF STAY							
• Average length of stay at the Unity Acute Rehab & Brain Injury Program	22.5 days	22.2 days	20 days	29.2 days			18.7 days
AFTER REHAB							
Where patients go after rehabilitation							
• % of patients who go home	74%	75%	80%	77%			74%
• % of patients who go to a skilled nursing home	13%	12%	4%	18%			12%
• Other	13%	13%	16%	5%			14%

Unity Acute Rehabilitation & Brain Injury Program (CONTINUED)

PERFORMANCE MEASURE	2007	2008	1st Qtr 2009	2nd Qtr 2009	3rd Qtr 2009	4th Qtr 2009	GOAL
PATIENT SATISFACTION							
• % of patients who would recommend the Unity Acute Rehab & Brain Injury Program	99%	98%	98%	100%			100%
• % of patients who rated the care as excellent at one of our four outpatient rehabilitation sites	100%	99.2%	99%	100%			100%



Vestibular Rehabilitation Program

Unity offers a Vestibular Rehabilitation Program designed to address the needs of those who suffer from dizziness, vertigo, or other vestibular disorders. We can help patients eliminate blurry or bouncing vision, muscle ache/neck pain, headaches, and ringing sounds in the ear. Our treatment options include teaching patients head repositioning techniques to reduce or eliminate “vertigo,” ocular motor retraining to address visual disturbances, balance retraining exercises, and habituation exercises to address dizziness with position changes. For more information about our program, call (585) 458-8520.

For more information, visit:
www.unityhealth.org/acuterehab

“I’ve suffered from vertigo for so many years and it really has affected my life so much. I’ve been stuck at home for weeks at a time because of my dizziness. Unity’s Vestibular Rehabilitation Program has helped me learn how to control my dizziness and continue on with life.”

A client of Unity’s Vestibular Rehabilitation Program